

# VERTEBRAL SUBLUXATION AND NERVE CHART

The nervous system controls and coordinates all organs and structures of the human body.” (Gray’s Anatomy, 29th Ed., page 4) Misalignment of spinal vertebrae and discs may cause irritation to the nervous system which could affect the structures, organs, and functions listed under “areas” and the “possible symptoms” that are associated with malfunctions of the areas noted.

	Vertebrae	Areas and Parts of the Body	Possible Symptoms
CERVICAL SPINE 1st THORACIC	C1	Blood supply to the head, pituitary gland, scalp, bones of the face, brain, inner and middle ear, sympathetic nervous system.	<input type="checkbox"/> Headaches <input type="checkbox"/> nervousness <input type="checkbox"/> insomnia <input type="checkbox"/> head colds <input type="checkbox"/> high blood pressure <input type="checkbox"/> migraine headaches <input type="checkbox"/> nervous breakdowns <input type="checkbox"/> amnesia <input type="checkbox"/> chronic tiredness <input type="checkbox"/> dizziness
	C2	Eyes, optic nerves, auditory nerves, sinuses, mastoid bones, tongue, forehead.	<input type="checkbox"/> Sinus trouble <input type="checkbox"/> allergies <input type="checkbox"/> pain around the eyes <input type="checkbox"/> earache <input type="checkbox"/> fainting spells <input type="checkbox"/> certain cases of blindness <input type="checkbox"/> crossed eyes deafness
	C3	Cheeks, outer ear, face bones, teeth, trifacial nerve.	<input type="checkbox"/> Neuralgia <input type="checkbox"/> neuritis <input type="checkbox"/> acne or pimples <input type="checkbox"/> eczema
	C4	Nose, lips, mouth, eustachian tube.	<input type="checkbox"/> Hay fever <input type="checkbox"/> runny nose <input type="checkbox"/> hearing loss <input type="checkbox"/> adenoids
	C5	Vocal cords, neck glands, pharynx.	<input type="checkbox"/> Laryngitis <input type="checkbox"/> hoarseness <input type="checkbox"/> throat conditions such as sore throat or quinsy
	C6	Neck muscles, shoulders, tonsils.	<input type="checkbox"/> Stiff neck <input type="checkbox"/> pain in upper arm <input type="checkbox"/> tonsillitis <input type="checkbox"/> chronic cough <input type="checkbox"/> croup
	C7	Thyroid gland, bursae in the shoulders, elbows.	<input type="checkbox"/> Bursitis <input type="checkbox"/> colds <input type="checkbox"/> thyroid conditions
THORACIC SPINE 1st LUMBAR	T1	Arms from the elbows down, including hands, wrists, and fingers. esophagus and trachea.	<input type="checkbox"/> Asthma <input type="checkbox"/> cough <input type="checkbox"/> difficult breathing shortness of breath <input type="checkbox"/> pain in lower arms and hands
	T2	Heart, including its valves and coverings, coronary arteries.	<input type="checkbox"/> Functional heart conditions and certain chest conditions
	T3	Lungs, bronchial tubes, pleura, chest, breast.	<input type="checkbox"/> Bronchitis <input type="checkbox"/> pleurisy <input type="checkbox"/> pneumonia <input type="checkbox"/> congestion <input type="checkbox"/> influenza
	T4	Gallbladder, common duct.	<input type="checkbox"/> Gallbladder conditions <input type="checkbox"/> jaundice <input type="checkbox"/> shingles
	T5	Liver, solar plexus, circulation (general)	<input type="checkbox"/> Liver conditions <input type="checkbox"/> fevers <input type="checkbox"/> blood pressure problems <input type="checkbox"/> poor circulation <input type="checkbox"/> arthritis
	T6	Stomach.	<input type="checkbox"/> Stomach troubles including: <input type="checkbox"/> nervous stomach <input type="checkbox"/> indigestion <input type="checkbox"/> heartburn <input type="checkbox"/> dyspepsia
	T7	Pancreas, duodenum.	<input type="checkbox"/> Ulcers <input type="checkbox"/> gastritis
	T8	Spleen.	<input type="checkbox"/> Lowered resistance
	T9	Adrenal and suprarenal glands.	<input type="checkbox"/> Allergies <input type="checkbox"/> hives
	T10	Kidneys.	<input type="checkbox"/> Kidney troubles <input type="checkbox"/> hardening of the arteries <input type="checkbox"/> chronic tiredness <input type="checkbox"/> nephritis <input type="checkbox"/> pyelitis
	T11	Kidneys, ureters.	<input type="checkbox"/> Skin conditions such as acne pimples eczema <input type="checkbox"/> boils
	T12	Small intestines, lymph circulation.	<input type="checkbox"/> Rheumatism <input type="checkbox"/> gas pains <input type="checkbox"/> certain types of sterility
LUMBAR SPINE	L1	Large intestines, inguinal rings.	<input type="checkbox"/> Constipation <input type="checkbox"/> colitis <input type="checkbox"/> dysentery <input type="checkbox"/> diarrhea <input type="checkbox"/> some ruptures or hernias
	L2	Appendix, abdomen, upper leg.	<input type="checkbox"/> Cramps <input type="checkbox"/> difficult breathing <input type="checkbox"/> minor varicose veins
	L3	Sex organs, uterus, bladder, knees.	<input type="checkbox"/> Bladder troubles <input type="checkbox"/> menstrual troubles such as painful or irregular periods <input type="checkbox"/> miscarriages <input type="checkbox"/> bed wetting <input type="checkbox"/> impotency <input type="checkbox"/> change of life symptoms <input type="checkbox"/> many knee pains
	L4	Prostate gland, muscles of the lower back, sciatic nerve.	<input type="checkbox"/> Sciatica <input type="checkbox"/> tumbago difficult, painful or too frequent urination <input type="checkbox"/> backaches
	L5	Lower legs, ankles, feet.	<input type="checkbox"/> Poor circulation in the, legs swollen ankles <input type="checkbox"/> weak ankles and arches <input type="checkbox"/> cold feet <input type="checkbox"/> weakness in the legs <input type="checkbox"/> leg cramps
SACRUM & COCCYX	SACRUM	Hip bones, buttocks.	<input type="checkbox"/> Sacroiliac conditions <input type="checkbox"/> spinal curvatures
	COCCYX	Rectum, anus.	<input type="checkbox"/> Hemorrhoids (piles) <input type="checkbox"/> pruritus (itching) <input type="checkbox"/> pain at end of spine on sitting